

Why Building has to be *Airtight*?

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Abstract

Building envelope has continued its improvement with modern cladding and window to meet low OTTV and trend of green building standards. The development has been significantly reduced cooling load requirement for airconditioning system and power consumption for buildings. Cooling requirement for general office buildings have been reduced from 15 sq.m/refrigeration tonnage for old building to 25-30 sq.m/refrigeration tonnage for modern building. That reduction in cooling is rationally “half”. OTTV has been reduced from 55 watt/sq.m to less than 35 watt/sq.m. Architects are paying more attention on protecting solar heat gain through building envelope by integration of shading devices.

In hot and humid ambient condition such as Bangkok, protecting solar heat gain is not the absolute solution. Latent heat gain from humidity could be as high as 30-40% of total cooling load. Therefore, the building envelope should have both “**thermal and vapor insulation property**”. That means, building envelope should have the ability to protect heat as well as moisture. Most architects only ask engineer for their advice on type of insulation and insulation thickness but rarely ask them for their advice on moisture protection and water permeability through building skin.

Besides, most of the existing building cladding system is not airtight. The building is leaking with uncontrolled ventilation or infiltration. Avoiding

“Infiltration” is one of the key issues for advanced airconditioning design. “Dedicated Sensible and Latent Cooling” airconditioning design concept is a concept, which focuses on latent cooling treatment. “Building as Cooling Thermal Mass” is example of advanced airconditioning design. Building by itself is actually the major thermal mass to the airconditioning system. In the future, one of the building envelope properties should be “**Air Tightness**”. Only air tight building and controlled ventilation could lead to extremely low cooling load demand of 40-50 sq.m /refrigeration tonnage or less.

The building air tightness is a must, not only for modern airconditioning but also for health and fire safety. It is a must that the building envelope should have controlled ventilation to reduce **risk of airborne contamination. In term of fire safety, air tight building will reduce unpredictable rapid fire occurring.**

Keywords: Control of building “Infiltration”

1. Introduction

Architect and engineer are both building designers, and when they design a building, they should work together as a team to produce integrated building design approach. Since “**Green Building**” is becoming a global trend, as well as a new building specification, building designers are coming up with innovative ideas toward energy efficient building, environmental friendly and safe building. Green building design is truly a whole building design approach. As an airconditioning engineer, we know that the airconditioning system consume about half of the building energy. Therefore, *reduce airconditioning load is the key factor of reducing energy consumption for building*. As described, reducing solar heat gain is not the only solution for cooling load reduction. Since ventilation load is 30-40% of cooling load in hot and humid environment. Reducing “Infiltration” should be more important factor for cooling load reduction. **Building with infiltration adds uncontrolled ventilation load to the airconditioning system.** Infiltrated air could cause condensation at supply air diffuser, air duct, chilled water piping and air handling unit. Incoming moist air could cause mold growing.

Infiltrated ventilation is hard to be extracted from the building once it has been entering, and consume more



energy for air processing than proper fresh air intake at the air handler. Infiltrated buildings are losing internal cooling storage effect after the airconditioning system has turned off after working hour. In fact that is the main reason for office building to have started the airconditioning system early on Monday morning in order to reach comfort temperature at the start of working time.

Figure 1. Dirty ceiling supply air diffuser which normally found in infiltrated building



Several office buildings are hot for a few hours on Monday morning. In that case, we could imagine how much energy would be consumed to cool down the building. This paper will describe building infiltration and the design methods on how to protect the infiltration.

Building compartment

This is a good start for architect and engineer working together as team work. When considering building compartment, the planning should be able to integrate key functional requirement of compartment, such as:

1. Airconditioning zone control
2. Fire compartment
3. Smoke compartment
4. Security zone control

A compartment should be able to serve the entire above key functional requirement. Otherwise, there would be too many fire and smoke dampers, complicated on-off of air handlers, cross contamination, cross talk and several weak points in the security and access control system. Wall line that indicates a compartment should be easy to be understood by normal sense. It should be a straight line and not in zig saw pattern.

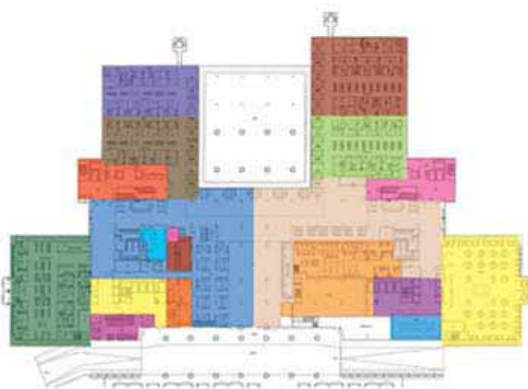


Figure 2. Example of integrated building compartment that serve airconditioning, fire, smoke and security zone

Fire and smoke compartment is necessary to control fire and smoke spread. Allowing evacuation time for occupants and sustain the building until fire protection system is working and fireman come into action is the key factor of a compartment. If the system works well, there should be minimum damage to life and property. However, when compartment is not airtight, air leakage could initiate unpredictable rapid fire occurring, which is very dangerous to fire fighting activity. “Back draft” could be initiated by infiltrated air, which cause rapid fire or explosion.

Compartment is the basic requirement for airconditioning zoning. Since temperature and humidity conditions are specified differently for each zone, as well as efficient operation, compartment should be well planned and indicated clearly.

Therefore, important building compartment characteristic is “Air tightness”.

3. How to control “Infiltration”

As described, the building should be compartmented and airtight. In that case, the building could be resembled to a refrigerator or could be called a “Cold box” building. Like a refrigerator that is well insulated and airtight, it can maintain low temperature inside the refrigerator, even at sub-zero temperature, by using only a small compressor. A refrigerator does not have to turn off during the night. It runs 24 hours, 365 days without consuming unnecessary energy. If a building has been designed as a cold box, the airconditioning system does not have to be turned off during the night. In that case, the building is cooled 24 hours, 365 days. There will be no need for night time air conditioner or night time small chiller. However, if the building is not airtight and leak, incoming moisture and heat will impose on the airconditioning system. In order to maintain indoor conditions, the airconditioning system has to cover the incurring load at any time when the building is occupied and unoccupied. Since during unoccupied period, the leaking in air and moisture will be stored in the building, which needs to be treated during the start of occupied period. How to install over time split type air conditioner has been a difficult design constraint for architect all the time. Running chiller or cooling tower during over time is expensive and is very inconvenient to tenant.

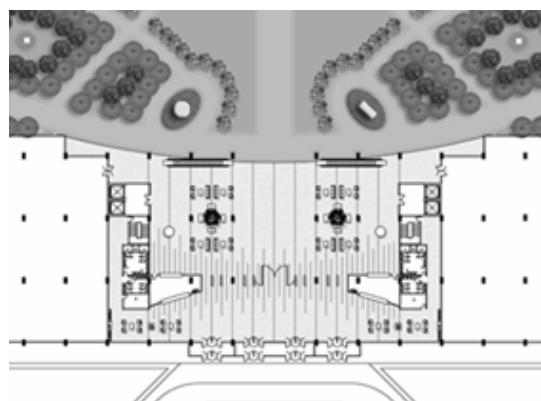


Figure 3. Example of building entrance with air lock vestibule



Figure 4. Example of building entrance with consideration of wind effect

In order to control infiltration, the building envelope and window system have to be airtight. It is advisable that the wall is using double skin design, as well as the window system. Practically, it is almost impossible to construct an airtight wall and window system with only one layer. Looking at a basic material such as silicone sealant for joints, no one can guarantee the workmanship and life of the sealant after installation. With double skin, the exterior skin will protect against weather, while inner skin will insulate the building. The system is similar to human skin which also has outer and inner layer. With double glazed window, the exterior glass will protect solar heat and wind velocity, while the inner glass will resist the transfer of heat from exterior glass. Wind pressure will be diminished after passing exterior glass and window frame. When entering the second frame, the wind pressure will be minute and will not pass the second frame. This is also a very effective means of protecting against a storm. The double glazed window with separate window frame will not provide thermal bridge and prevent heat conduction from exterior window frame.

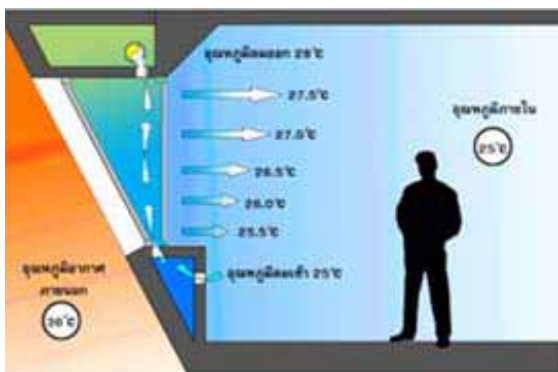


Figure 5. Example of double skin building

Double skin wall may not affect overall construction cost when using proper details. Double window system and wall may not affect overall construction cost when

the window area is controlled at less than window to wall ratio of 1/3. Government center project is a good example of cold box design concept with "Air flow window" that can be constructed within government tight construction budget. The project controls both window to wall ratio and building envelope area to useable floor area. Therefore, cost of building skin per floor area is not higher than conventional building, though cost of building skin per sq.m alone is higher.

Building entrances have to be limited, since building entrance is the opening of infiltration. The entrances should not be in the wind direction. Be reminding that a cubic feet of infiltrated air is equivalent to 80 Btu/h in average. A door opening inward a convenient store could easily add 1 ton of refrigeration to the store. Opening outward could significantly reduce infiltration. Some convenient store is now changing to automatic sliding door.

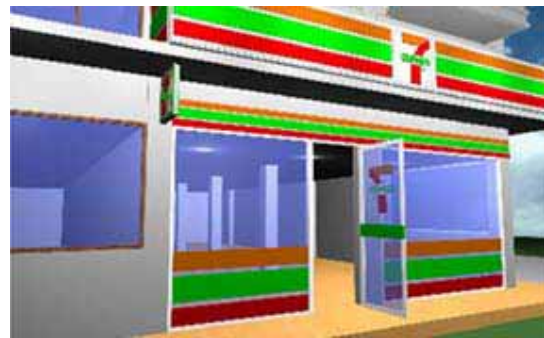


Figure 6. Door opening direction has a lot of effect on infiltration

Several buildings have very high infiltration at the entrance lobby due to large door opening. It is a wrong decision to use frameless door for the entrance, since the door has large gap between the door and the frame that allow a lot of infiltration. Such door will not protect rain, dust or insects. In order to reduce infiltration, that affects indoor temperature, some buildings install air curtains which are useless. It is advisable to provide a lobby as an air-locked vestibule. The controlled lobby should be partitioned as a compartment. External door should be an air lock door of either revolving door or double door. When using double doors, the first door should be at least 3.00 m distance from the second door in order to allow the first door to close before the opening of the second door. Emergency doors for evacuation are an exception and may incorporate on the side.

Figure 7. Air lock revolving door is an effective means of preventing infiltration. However, it might not be suitable for high traffic and carts



Limitation of entrance is also important for security and access control.

There are practices of installing split type air conditioner in a room with a wall exhaust fan. Even there is an argument that at one time, the exhaust fan was used in a room which could have smoking. This is a bad practice, since the exhaust fan creates negative room pressure and promotes infiltration. Such room will have dust and high humidity. Exhaust fan is normally 8 inches diameter at capacity of 150 CFM, and will suck conditioned air out of the room. Air conditioner will be running with higher cooling load and consume a lot of energy. The proper method of supplying fresh air into the air conditioning space is to install fresh air unit. Fresh air unit with supply fresh air fan and exhaust fan, including air to air heat exchanger is available.

Opening a door into the room will introduce more infiltrated air into the room when compare with open the door outward. If outward opening is not possible, sliding door would be a better choice. Size of door opening has significant effect on the rate of infiltration.



Figure 8. Installation of split type airconditioning unit with an exhaust fan



Figure 9. Fresh air unit with fresh air/exhaust air fan and air to air heat exchanger

. Breathable wall

Like human skin, building skin construction is "breathable". The necessity of exterior skin to be breathable is to allow trapped moisture inside the wall to disperse, so that the wall will not get damp. Wall

construction has cavities. These cavities trap air and moisture. When indoor temperature is lower than dew point, the trapped moisture will be condensed and soaked in the wall material. That will deteriorate the wall material and might promote mold growing. Each material is permeable. Exterior wall should be weather proof as well as breathable or permeable. Selected exterior paint, such as acrylic paint, should also have this property. Vinyl wall paper is not recommended as interior finish, since it will peel off after a certain period of time by vapor pressure inside the wall. Autoclave aerated concrete (ACC) block wall has water absorption of 30% and porous. Therefore, it should be incorporate with cement finish and acrylic paint. The block wall construction alone is not a vapor barrier.

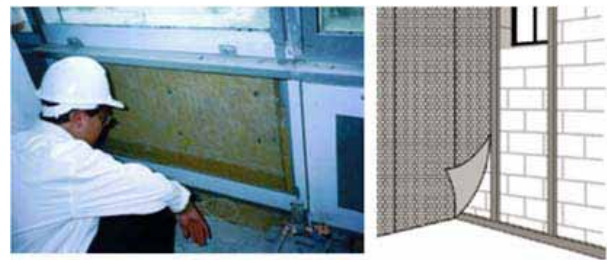


Figure 10. Example of breathable wall construction

5. Vapor barrier

The building wall material should be able to protect moisture or vapor pressure. When there is different moisture level between inside and outside of the building, the higher moisture from outside will penetrate into the building by vapor pressure. Outside vapor pressure is normally 4.8 kPa, while indoor vapor pressure is normally 1.8 kPa for airconditioned space. Therefore, differential vapor pressure is approx. 3 kPa. If there is wall cavity, the trapped moisture could have vapor pressure of 6.2 kPa, and differential vapor pressure with indoor vapor pressure could be 4.4 kPa. Therefore, the inner building skin should be incorporated with vapor barrier, such as plastic sheet or aluminum foil. The outer building skin is weather protection, water protection, and should be breathable to disperse trapped moisture within the wall outward. Without vapor barrier, a lot of moisture will penetrate into the room and affect the cold box ability. Building with high moisture permeability could be noticed by excessive drain at fan coil and air handling unit.



Figure 11. Installation of vapor barrier

Figure 12. Totally wrapped fiber glass insulation is a good choice of thermal and vapor insulation



Dedicated outdoor air supply system

More or less, with all the described methods, infiltration will still be presented, because the building has a large building skin surface and there are so many joints and permeates. Therefore, the building should be pressurized and maintain positive pressure. There have been several papers on dedicated outdoor air supply system or DOAS. The outdoor air supply system provides the building with pre-conditioned fresh air supply for better indoor air quality control, as well as pressurizes the building. It is an ideal solution for modern air conditioning design.

Positive building pressure is the only way to control building permeability. With advanced air conditioning system design, the DOAS can also charge the building with cool air and store cooling energy into the building structure. Incorporate with demand control, the system will be able to control indoor air quality as well as cooling demand efficiently. A good designed DOAS should supply fresh air at average temperature of 18 C and less than 8 g/kg dry air. With this specification, the system will both charge cool energy storage to the building, as well as dry the building. In other words, the system will store both sensible and latent cooling into the building. Building structure with concrete flat slab floor could be able to store 500 w-hr/ sq.m of sensible cooling.

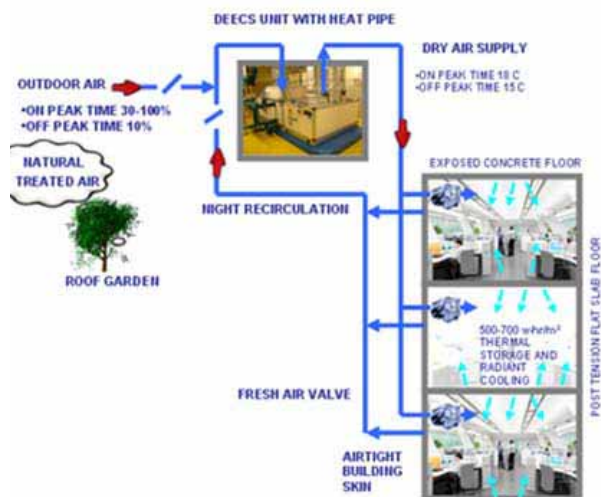


Figure 13. DOAS that supply demand control fresh air into the building as well as charging cool energy to building structure during night time for the government center project



Figure 14. Outdoor air unit with wrap around heat pipe that supply dry fresh air into the building

7. Radiant cooling

Radiant cooling is an effective method of cooling that is amazing. Since radiant cooling provides “Operative temperature” which make occupant “feel” cooler than normal room temperature. Radiant cooling average surface temperature is 19 C to avoid possible surface condensation. The system can only be installed in an airtight building, since there is chance that the radiant surface temperature could be fluctuated due to fluctuation of chilled water system pressure and shift the radiant surface temperature. When the floor is sweat, it could be slippery and dangerous.

Building with radiant cooling, including chilled ceiling and chilled beam should be airtight to avoid sweat and condensation along the radiant cooling surface.

8. Low temperature air distribution

Airtight building is also important for a building with “Ice thermal storage” and low temperature air distribution. Since supply air temperature of low temperature air distribution is 7 C, there is chance of condensation at supply air diffuser. Low temperature air distribution should be used when thermal ice storage is used as cool thermal storage in order to reap the benefit of low ice temperature. Air supply diffuser has special design to obtain air induced and mixing ratio of above 10. The diffuser is mostly plastic to minimize risk of condensation.



Figure 15. DEDE training center with low temperature air distribution system

Leak building could cause risk of condensation on air duct and chilled water piping. The DEDE energy training center is the only building that has low temperature air distribution and thermal mass storage. Only one main air handling unit run the whole building. The project airconditioning operates successfully because the building is a cold box.

. Conclusion

This paper emphasizes the important of airtight building characteristic. Architect and engineer as building designer should put this key characteristic to their building design both passive and active. On passive design, the architect should specify airtight insulated building skin with vapor barrier. The building should have limit entrance, proper entrance location, controlled lobby and air lock. Building should be compartmented to accommodate airconditioning zone control, fire and smoke compartment as well as security zone control. On active design, the engineer should provide DOAS or fresh air supply system. There are 4 key factors to reduce cooling load requirement effectively: Control of solar heat gain/ Control of ventilation/ Control of internal heat gain/ and thermal storage. Airtight building is the prime important for the control of ventilation and thermal storage. **It could be concluded that airtight building is the indicator of level of quality standard of a building.**